

# Templeton Center

## October 2022 Newsletter

225 Wiggington RD. | 434-455-4115 | Customer Service Monday—Thursday 9:00am-1:00pm

## Autumn is here.

Cool weather is just around the corner. Start planning your month with the Templeton Newsletter. We have programs to help you get on track for a healthier, happier, and more active lifestyle. Stop by and see what we can do to jump start your Autumn and keep you going during the colder months.

### New This Month

#### Therapeutic Recreation Wednesdays

Wednesdays | 10:30AM-11:30AM | Free

#### Social Dominoes

Mondays | 9:30AM-12:30PM | Free

#### Identifying Invasive Plant Species

T | 10/4 | 10:30AM-11:30AM | Free

#### Lavender For Home and Health

TH | 10/6 | 7:00-8:00PM | Free

#### Aging w/ Grace- Navigating Health Care

T | 10/11 | 10:30AM-11:30AM | Free

#### Medicare Options for 2022 Enrollment (2 dates)

T | 10/13 | 1:30PM-2:30PM | Free

TH | 10/20 | 6:30PM-7:30PM | Free

#### Oktoberfest Concert

Th | 10/20 | 2:00PM-3:00PM | Free

#### Orchid First Aid and Rescue

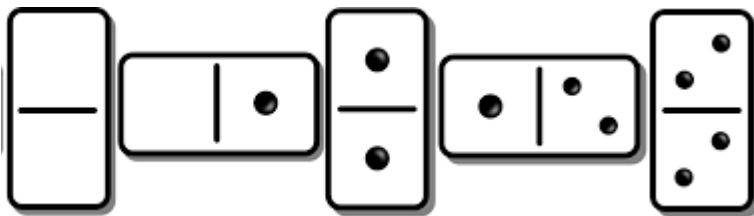
T | 10/25 | 10:30AM-11:30AM | FREE

#### CONVERSATION CAFE' w/Gerald Griffin

W | 10/26 | 10:30AM-11:30AM | FREE

#### TEDDY TALK: Diabetes Prevention & Treatment

TH | 10/27 | 2:30PM-3:30PM | FREE



## Dominoes

Welcome dominoes to our fall line up. Each Monday, from 9:30 am-12:30pm, we will be offering domino group play. Come meet some new friends to share a game or bring your domino group to join in the fun.

### Coming up in November

**Monotype Printmaking, Charcuterie Board and Kitchen Utensil Set, Music & Memories w/LSO, Medicare Enrollment Options, Thanksgiving Luncheon, The World at War-WWII, The Vietnam War Remembered, Veteran's Day Coffee & Trail Ride, Aging with Style & Grace,**

### Artist of the Month

Elise Dee Beraru The Templeton Gallery features works of art from members of the 7 Hills Art Club and are available for purchase. Please call ahead



Cancellation  
Line (434) 455-5860 EXT. 5

