



TEMPLETON SENIOR CENTER - March 2020

225 Wiggington Road - Monday-Thursday 9:00am-5:00pm, Friday 9:00am-12:30pm

Ronnie Tucker, Community Recreation Programmer; Krista Habermas & Paula Kepel, Recreation Specialists, 434-455-4115

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>8:30 AARP Tax Aid 9:15 Chair Exercise Video 12:30 Bridge Club 5:00 Zumba PM w/Billy Coffey</p>	<p>3</p> <p>8:15 Yoga AM w/Deborah Ladd 9:15 Chair Exercise Video 9:30 Social Bridge 1:00 Bowling at Fort Hill Bowling 1:00 New to Lynchburg 4:00 Tai Chi w/Scott Larson 5:30 Cardio Fit & Tone w/Mary Harris</p>	<p>4</p> <p>8:30 AARP Tax Aid 5:00 Zumba PM 6:30 Bridge Club</p>	<p>5</p> <p>9:00 Coffee Connection 9:15 Chair Exercise Video 9:30 Mahjong & Social Bridge 11:00 Lunch with Lynchburg Daily Bread 1:30 Watercolors Express w/Betty Leary 5:30 Cardio Fit & Tone 6:45 Yoga PM w/Paul Webb</p>	<p>6</p> <p>9:15 Chair Exercise Video 9:30 Canasta & Board Games 10:00 Bridge Club</p>
				Saturday 7
				8:30 AARP Tax Aid
<p>9</p> <p>8:30 AARP Tax Aid 9:15 Chair Exercise Video 12:30 Bridge Club 5:00 Zumba PM</p>	<p>10</p> <p>8:15 Yoga AM 9:15 Chair Exercise Video 9:30 Social Bridge 10:30 Senior Health Issues and Home Health Care w/Ben Osterkamp 1:00 Bowling at Fort Hill Bowling 1:00 New to Lynchburg 1:30 Gourd Bird House Craft w/Ronnie Tucker 4:00 Tai Chi 5:30 Cardio Fit & Tone</p>	<p>11</p> <p>8:30 AARP Tax Aid 10:30 Current Issues & Events 5:00 Zumba PM 6:30 Bridge Club</p>	<p>12</p> <p>9:00 Coffee Connection 9:15 Chair Exercise Video 9:30 Mahjong & Social Bridge 11:00 Lunch with Lynchburg Daily Bread 1:00 Canasta: Hand, Knee, Foot Lessons w/Karen Bridgett 1:30 Trivial Pursuit w/Ronnie Tucker 5:30 Cardio Fit & Tone 6:45 Yoga PM</p>	<p>13</p> <p>9:30 Sandusky House Tour 9:15 Chair Exercise Video 9:30 Canasta & Board Games 10:00 Bridge Club</p>
				Saturday 14
				8:30 AARP Tax Aid 1:00 Cat Yoga w/Paul Webb
<p>16</p> <p>8:30 AARP Tax Aid 9:15 Chair Exercise Video 12:30 Bridge Club 5:00 Zumba PM</p>	<p>17</p> <p>8:15 Yoga AM 9:00 AARP Smart Driver Class 9:15 Chair Exercise Video 9:30 Social Bridge 1:00 Bowling at Fort Hill Bowling 1:00 New to Lynchburg 4:00 Tai Chi 5:30 Cardio Fit & Tone</p>	<p>18</p> <p>8:30 AARP Tax Aid 10:30 Secrets of Trees & Forests Revealed w/Joe Pond 12:30 Gretna Theater Trip 5:00 Zumba PM 6:30 Bridge Club</p>	<p>19</p> <p>9:00 Coffee Connection 9:00 AARP Smart Driver Class 9:15 Chair Exercise Video 9:30 Mahjong & Social Bridge 11:00 Lunch with Lynchburg Daily Bread 1:00 Canasta: Hand, Knee, Foot Lessons 1:30 Spring Flowers in Acrylics w/Betty Leary 5:30 Cardio Fit & Tone 6:45 Yoga PM</p>	<p>20</p> <p>9:00 Point of Honor House Tour & Candle Making Workshop 9:15 Chair Exercise Video 9:30 Canasta & Board Games 10:00 Bridge Club</p>
				Saturday 21
				8:30 AARP Tax Aid
<p>23</p> <p>8:30 AARP Tax Aid 9:15 Chair Exercise Video 10:00 New Chapter Book Group at The Drowsy Poet 12:30 Bridge Club 5:00 Zumba PM 6:00 A Knight of Chess 6:30 Budding Trees in Acrylics w/Linda Duff</p>	<p>24</p> <p>8:15 Yoga AM 9:15 Chair Exercise Video 9:30 Social Bridge 11:30 Luncheon: St. Paddy's Day Shepherd's Pie 12:00 Beginner Line Dance w/Micky Ferguson 1:00 Bowling at Fort Hill Bowling 1:00 New to Lynchburg 1:30 Irish Jigs and Reels w/Daniel Kepel 4:00 Tai Chi 5:30 Cardio Fit & Tone</p>	<p>25</p> <p>8:30 AARP Tax Aid 10:30 Current Issues & Events 5:00 Zumba PM 6:30 Bridge Club</p>	<p>26</p> <p>9:00 Coffee Connection 9:15 Chair Exercise Video 9:30 Mahjong & Social Bridge 10:30 Medicare 101- Medicare Enrollment w/Richard Lowery 11:00 Lunch with Lynchburg Daily Bread 1:00 Canasta: Hand, Knee, Foot Lessons 5:30 Cardio Fit & Tone 6:45 Yoga PM</p>	<p>27</p> <p>9:15 Chair Exercise Video 9:30 Canasta & Board Games 10:00 Bridge Club 11:30 Golden Gourmet at Bulls Steakhouse</p>
				Saturday 28
				8:30 AARP Tax Aid
<p>30</p> <p>8:30 AARP Tax Aid 9:15 Chair Exercise Video 12:30 Bridge Club 5:00 Zumba PM</p>	<p>31</p> <p>8:15 Yoga AM 9:15 Chair Exercise Video 9:30 Social Bridge 12:00 Beginner Line Dance 1:00 Bowling at Fort Hill Bowling</p>			

	1:00 New to Lynchburg 1:30 Oil Painting Express w/Rodney Laughon 4:00 Tai Chi 5:30 Cardio Fit & Tone			
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